



***DAYS OF PRAYER & FASTING***  
***JANUARY 12-FEBRUARY 2***

## **January 12 – God's Will**

Psalm 25:4-5

*Show me your ways, LORD, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long.*

Heavenly Father,

I never have to worry if you hear my prayers. You long to communicate with me and hear my voice. Lord, I ask that you quiet mine today so that I may hear yours. I humbly lay my agenda at your feet as I seek your will for this new year. I ask that you guide me along your path of righteousness and allow me to hold loosely to my desires. Align my heart with your plans, and as I spend time in your word, Father, I pray that it is a lamp unto my feet, directing me to follow your best for my life. Not my will, but thy will be done. Let your truth be my compass. In Jesus name, Amen.

## **January 13 – Repentance/Surrender**

Acts 3:19-20

*Repent, then, and turn to God, so that your sins may be wiped out, that the times of refreshing may come from the Lord, and that he may send the Messiah, who has been appointed for you – even Jesus.*

Dear Lord,

Thank you for your unconditional love. When you sacrificed your one and only son, you had me in mind and knew I needed a Savior in order that I could spend eternity with you. There was no other way. And still, too often I make decisions based on temporal earthly pleasures and not eternal thinking. I regret so many choices that I have made in my life, and I am deeply sorry for falling short of the standards that you provide in your Word for me to live by. I continue to create my own path based on feelings, but the heart can be deceiving, Lord. Please examine mine, and help me to daily surrender my will to heaven's purpose. Refresh me with the filling of your Spirit. Allow Him to create a new heart in me yielded to you. In Jesus name, Amen.

## **January 14 – Clear Direction/Vision for Growth**

Habakkuk 2:2

*Then the LORD replied: "Write down the revelation and make it plain on tablets so that a herald may run with it..."*

Father,

Thank you for giving me your Word to guide me and grow me. Your Word is alive and will direct my life if I acknowledge you and allow you full control. I will never grow into your purpose for my life by holding on to the reins. Father, please allow me to hand them over to you, and grant me your clear direction. Make my paths straight even when nothing make sense in my flesh. Your ways are greater than mine, and I choose to trust you as I take daily steps of surrender. Lord, not only do I ask you to expand my territory, but please continue to direct our leadership at Rock Springs in your vision for expanding our territory as well. Allow us to continue to be your hands and feet for Making Heaven Bigger by Caring Better wherever you lead. Help us to remain patient in your timing while we pray for direction of the future growth of your church. "Many are the plans in my heart, but it is your purpose that prevails." In Jesus name, Amen.

## January 15 – Israel

Zechariah 2:8

*After a period of glory, the LORD of Heaven's Armies sent me against the nations who plundered you. For he said, "Anyone who harms you harms my most precious possession..."*

Dear Heavenly Father,

Today I humbly bow in your presence and lift up your chosen people from whose lineage your only begotten Son was born. You selected Israel to be your treasured possession long ago and rescued them from slavery in Egypt by using Moses to lead them from captivity. You performed countless miracles for them, yet still they complained and even wanted to return to Egypt. Lord, sadly I am guilty of that as well. I quickly forget, when something goes awry, all of the goodness you have shown me in my life, all of the favor you have granted me and my family, and all the miracles you have performed along the way. Yet you forgive! You forgave your complacent chosen ones and delivered them from darkness by sending your Son to pay the excruciating price for all our sins. Lord, Israel is still the apple of your eye. I pray for their protection and peace during this time of war, and that all would come to know you as their personal Savior. The veil in the Temple was torn from top to bottom the day your Son was crucified for the sins of the world, and on this Holy Land He will triumphantly return one day and every knee will bow! Father, the veil was torn allowing everyone both Jew and Gentile to be reconciled to you. I pray that your Holy Spirit will move throughout Israel, Palestine and all nations. Awaken all of us to your truth and may we all encounter the living God. In Jesus name, until you come again, we pray, Amen.

## January 16 – Holy Spirit Presence

Ephesians 3:16-17

*I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong.*

Dear Lord,

Thank you that as believers in Christ, you gift us with your Holy Spirit to convict, guide, and empower us while we await our heavenly home. Without Him we would remain stagnant and never grow to the full potential you intend for us. The same Spirit that was present with you at the creation of the universe, breathes new life into these dry bones! While your Word is a lamp unto my feet, your Spirit allows that Word to be hidden in my heart and cultivates godly wisdom as I spend time with Him. May your Spirit aid me in my weakness and take me to new heights of holiness. Empty me of self and fill me afresh each new dawn with a full measure of your Spirit. Thank you impressing upon our pastor how vital the Holy Spirit is and penning the book, *Unlimited*, for such a time as this. Holy Spirit you are welcome here! In Jesus name, Amen.

## **January 17 – Favor in Building Projects**

Psalm 127:1

*Unless the LORD builds the house, the builders labor in vain. Unless the LORD watches over the city, the guards stand watch in vain.*

Heavenly Father,

You have been the foundation of Rock Springs Church since the beginning. Through its humble start, you have grown our church family to what it is today. You have grown multiple campuses exponentially including our on-line services reaching a world-wide audience. You have done exceedingly and abundantly more than we could have asked or imagined! Thank you for the incredible leadership throughout the years that has been obedient to your movement and timing. Change can be overwhelming, but by being faithful with all that you have provided, and trusting you to do what only you can, we are again asking for your direction as we embark on new projects. We acknowledge that your Word teaches us that if we commit our actions to the LORD, our plans will succeed. Lord, we pray for clarity over all future plans for Rock Springs and your favor over all we do as we seek your face. We always want you to be the cornerstone of any project that we embark on. As we follow your prompting, align our hearts with yours. May everything we do be out of obedience to your plans and not selfish desires. In Jesus name, Amen

## **January 18 - Loss/Grief**

2 Corinthians 1:3-4

*All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.*

Abba Father,

There are times in my life when nothing makes sense and the "Why's" go unanswered. The pain is so intense that I let go of your hand because I cannot fathom why a loving Father would allow such agonizing events to take place. Thank you that even though I may let go, you take hold of my right hand, you sit beside me, and you tell me, "Do not fear; I will help you." You sustain the fatherless and the widow. You comfort us in our pain from losing those we love and provide healing to our brokenness in relationships when people walk away. In times of deep sorrow, may we cling to your promises that you will never leave us. When we can't find the strength to even pray, may the mere breaths we take utter your name, Yahweh, allowing your Spirit to pray for us. As you enable us to better withstand the waves of grief one day and regain our strength, may we turn our pain into purpose and help others when they experience loss. We may never know the "Why" this side of Heaven, but we do know that you work all things together for good. Make beauty from ashes, Lord. In the healing name of Jesus, Amen.



## January 19 – Military/First Responders

Psalm 91:14-16

*The LORD says, "I will rescue those who love me. I will protect those who trust in my name. When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them. I will reward them with a long life and give them my salvation."*

Lord,

Thank you for being our protector and our ever-present help in trouble. Thank you for those you have called to serve our country in the military and as first responders. You have gifted these brave men and women with such a unique skillset allowing you to work through them helping protect and assist others. I can only imagine the situations they have to face as they serve in various capacities. Please aid them daily and surround them with your hedge of protection when in danger. Thank you for their example of selflessness that mirrors the love of Jesus to others, and thank you for the sacrifices their families make allowing their loved ones to serve. I pray that you will abundantly bless all those that serve, and grant favor to their families as well. Give them supernatural strength to face difficult situations and healing when they see things that they can't unsee. Thank you for this special calling you have placed on their lives. Help us all to be mindful of their sacrifice and this daily determination it takes to serve. In Jesus name, Amen.

## **January 20 – Health/Trust through Illness**

Jeremiah 30:17

*"I will give you back your health and heal your wounds," says the Lord.*

*"For you are called an outcast – 'Jerusalem for whom no one cares.'"*

Father God,

You are the Great Physician, and nothing takes you by surprise even when a diagnosis or medical emergency unexpectedly shakes me or someone I love to our core. Help me to turn my worry into worship and praise you through the storm. You are with me and you restore my soul. You knew me before I was born, and you know when I will take my last breath. You designed my body to breathe without me having to remember to, and you control the rhythm of my very heart beat. Who am I to wonder where you are or why I or my loved ones must suffer in this life? Flood us with your peace and comfort us when we face sickness. Help me to trust in you even when doctors say there is no hope. My hope is in you, Lord. My body is a temple of the Holy Spirit. Help me to honor you with my body and nourish it with healthy living. In the healing name of Jesus, Amen.

## **January 21 – Hopes and Dreams**

Philippians 2:13

*For God is working in you, giving you the desire and the power to do what pleases him.*

Dear Father,

Thank you for how unique you made me! We are all born with our own personalities and talents which help form our hopes and dreams. Thank you that you cared enough about us to make us all individually special. You even give us spiritual gifts when we become part of your family. Thank you for the specific hopes and dreams you have given me. Help me to strive to accomplish what you set upon my heart and also serve others along the way. People may try to discourage me from achieving what you have instilled in me, but help me to focus on things above and remember that with you nothing is impossible. I may have setbacks along the way, but help me to turn them into successes. Lord, help me to align my hopes and dreams with your will. You would never lead me into anything that does not line up with your Word. There is nothing that we cannot accomplish together, but may my biggest hope always be heaven! In Jesus name, Amen.

## **January 22 – Reconciliation/Restoration**

Ephesians 4:30-32

*And do not bring sorrow to God's Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption. Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.*

Heavenly Father,

You sent your Son to the earth to be the Savior of the world! My mind cannot grasp how great your love is for me, a sinner. You knew the only way for me to be reconciled to you was to sacrifice your flesh and blood. I caused him those nail pierced hands. The weight of my sin rested upon his shoulders. He wore that crown of thorns so that I could one day cast a crown at his feet. Thank you, Father, for allowing a way for me to reach you in heaven when all I deserved was eternal death. Forgive me for the times I wander away on my own path and stray beyond your Word. Restore me, and bring me back into a right relationship with you. Make it the desire of my heart to want more of you and less of me. Allow me to give others the grace you have showered upon me. Help me to forgive and also ask forgiveness when required. I know that hurt people, hurt people so help me to see the good and promote healing in the brokenness. Thank you for making a way, the only way – Jesus. In his precious name, Amen.

## **January 23 – Worship**

Psalm 86:9-10

*All the nations you made will come and bow before you, LORD; they will praise your holy name. For you are great and perform wonderful deeds. You alone are God.*

Glorious Father,

How majestic is your name in all the earth! There is no god like Jehovah! You are the Alpha and Omega, the beginning and the end. You are the great I AM! To you we give all glory, honor, and praise. Let us offer ourselves as living sacrifices to the King of Kings and Lord of Lords. There is nothing our God cannot do. You spoke, and the world was created. You always were, are now, and forever will be! Lord, on our best day may all we do be about you, and on our worst day may our very breath be offered in thanks for all you have done. You created us in your image. When the worries of this earth cause our hearts to grow weary, may we humbly bow before you prostrate in your presence for we are not worthy, yet you call us your sons and daughters! When we are on the mountain tops, may we lift our hands and hearts to you and sing praises from our souls you brought into being. We owe it all to you, our Rock and our Redeemer! Amen.

## **January 24 – Grow in Faith**

Colossians 1:9-10

*So we have not stopped praying for you since we first heard about you. We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while you will grow as you learn to know God better and better.*

Dear Lord,

Thank you for the relationship I have with you. When I first became a Christian, there were so many things I didn't understand. I was intimidated by the magnitude of your Word and my lack of knowledge of it, but as I immersed myself into the incredible stories and lessons, it became alive to me. Just as an infant needs milk to grow, your Word grew my faith and it never ceases as long as I remain in you. Apart from you, Lord, I can do nothing. Jesus told his disciples that if they had faith of a mustard seed, they could move mountains! Grow my faith so that I can move mountains for you. Being a Christian does not mean we will face a life void of woes. Instead, Lord, when I am facing obstacles beyond what I can bear, allow me to cling to you and fully trust you to make it through the valley holding your hand every step of the way. For it is in the valleys when my faith is stretched and truly grows. Water my mustard seed, Lord! In Jesus name, Amen.

## January 25 – Courage to Witness

Acts 1:8

*“But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses telling people about me everywhere – in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth.”*

Heavenly Father,

Thank you for the gift of your Holy Spirit who strengthens me and prompts me to speak to others about you. In the times we are living in, it can be difficult to stand for truth and share your Word with others. Lord, I ask for a boldness beyond my capabilities to speak when I am afraid. Let your light shine through me daily so others know I am different and are drawn to your Spirit living inside me. Let me be unashamed to speak the name of Jesus and expand your kingdom. As each day passes, your return draws nearer. Let there be an urgency in my Spirit to reach the lost. Whether it be someone at work, school, in my family, or even casually at store, help me to pray for those who do not know you and follow in obedience when you ask me to step out in faith. Let me be your hands and feet carrying the Good News to the lost. In Jesus saving name, Amen.

## **January 26 – Forgiveness**

Matthew 18:21-22

*Then Peter came to him and asked, "Lord, how often should I forgive someone who sins against me? Seven times?" "No, not seven times," Jesus replied, "but seventy times seven!"*

Father God,

My heart cannot fathom your overwhelming and never-ending love. You sent your Son to carry my sins to the cross – past, present, and future ones. Father, help me to stop and grasp that daily, and let it take root in my heart. You gave and forgave so I could give and forgive. The cross is our example of perfect love illustrating how we should treat those who wrong us. Pardon me, Lord, when I fixate over wrongs committed against me. Take me to the cross and allow me to forgive just as you forgave my iniquities against you. Allow no bitterness to take root in my heart. Holy Spirit, convict me when I have wronged others, and humbly permit me to ask for forgiveness from you and from those whom I have hurt. Restore my relationship with you and others. Thank you for bearing the penalty of my sin. I truly do not deserve your forgiveness, but I am eternally grateful for your goodness. You are such a good, good Father. In Jesus name, Amen.



## **January 27 – Family Unity**

Colossians 3:14-15

*Above all, clothe yourselves with love, which binds us all together in perfect harmony. And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.*

Dear Father,

What a privilege it is to be a part of your family. Thank you for making a way for us to be called sons and daughters of the One True King. The safety and security that embodies is priceless. We are royalty in your kingdom. Unfortunately, we struggle amid our earthly families because of the fallen world in which we live. Arguments ensue, relationships are broken, loss and grief are a normal part in this life between two gardens. Help us to pray daily for one another and lift up every situation to the One who can mend the brokenness, unify our differences, and heal our hurting hearts. Call our prodigals home and strengthen us as we wait to embrace them in our arms and your fold again. Let us not take for granted our families you have provided to us, and help us to love and respect each member with the same grace you give us. May your peace rule among us and be the thread that unifies our hearts together forever. In Jesus name, Amen.

## **January 28 – Perseverance**

Galatians 6:9

*So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.*

Heavenly Father,

Thank you for the VICTORY that awaits us in Heaven! Oh how my soul grows weary with daily struggles, commitments, and agendas. Help me as I continue to run the race set before me. Help me recognize the circumstances in my life that are divinely ordained for my benefit that strengthen me for your kingdom work. Aid us all as we stand on the Truth of your Word in a world where sin runs rampant. Thank you that we never have to face anything in this world on our own. You are our constant companion and have given us Heaven's Helper, the Holy Spirit here on earth. Fortify us with your power as we forge onward giving you all the glory. Help us to run and not grow weary, and walk and not be faint as we approach our finish line so that we may hear, "Well done, my good and faithful servant." In the name of Jesus we pray, Amen.

## **January 29 – Revival in our Country**

2 Chronicles 7:14

*Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.*

Father,

Our country desperately needs you! We have strayed so far away. We have erected idols and created our own truths. We spend more time holding a device craving “likes” than we do reading our Bibles thirsting for your wisdom. We then flippantly wonder how this country is losing ground to the enemy. We were created in your image, but we have created our own graven images far from you. We have comforted ourselves in convenience. Open our eyes, Father! Wake us from this slumber. Forgive me, Lord, for my contribution in this neglect. Create in me a clean heart, and ignite a flame burning for you. Let it spread like wildfire throughout our homes, our church, at school, and places of work. May Heaven’s Glory set revival in our hearts and throughout our land accelerating your Truth like never before. In the mighty name of Jesus, we pray, Amen.

## January 30 – Spiritual Warfare

2 Corinthians 10:3-5

*We are human, but we don't wage war as humans do. We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.*

Our Father in Heaven,

We know the enemy's days are numbered, but hallelujah, yours is the Victory! Because he knows his influence will end, he feverishly roams the earth looking for those he can devour, and attempts to steal, kill, and destroy those caught unarmed, but you came to give us life to the full. Help us to be alert and sober minded so that no weapon formed against us can prosper. You provide us with your full armor for the spiritual battles we face. Clothe us daily with the Belt of Truth in order to defeat the enemy's lies. Protect our hearts from the enemy's attacks with your Breastplate of Righteousness. Fit our feet with your Shoes of Readiness to proclaim your true peace. Defend us with your Shield of Faith from the enemy's arrows of temptation. Place your Helmet of Salvation firmly on our heads protecting our minds from any doubt the enemy casts. And firmly grip your Sword of the Spirit in our hands ready to wield the Word of God at the enemy in battle. Remind us that we have everything we need for the battles we face because you have readily equipped us for warfare against the evil schemes of our adversary. Our God reigns!! In the name of our Defender we pray, Amen.

## January 31 – Freedom from Addiction and Depression

Hebrews4:15-16

*This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin. So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.*

Heavenly Father,

We boldly come before you with expectant hearts of healing. If we personally have been allowed to escape the prison of addiction or depression, more than likely we know someone close to us who has suffered intensely and battled beyond what most could endure. We lift up all those in this fight. We are grateful to you for your compassion and your healing hands that can break chains and heal hearts. Thank you that not only do you offer help, but you offer hope. When we are sinking, you are our Anchor. When we are grieved, you are our Light. Thank you for providing professional doctors and counselors to assist the healing process in our darkest days. Assist us in seeking help, and deliver us from feelings of embarrassment because this life is difficult, and we all face situations where we lose our way and need help. Allow us to aid others and speak out in love when needed to assist. We understand that sometimes there is no quick fix or instant cure for those in the trenches of deep pain. Help us to be patient and turn to the Way Maker and Miracle Worker for answers. Even He wept, Lord. He knows our anguish and reaches out to us in our deepest pain. Weeping may stay for the night, but joy cometh. By His hands, we are healed, Amen.

## **February 1 – Gratitude**

1 Thessalonians 5:18

*Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.*

Gracious Heavenly Father,

Thank you for supplying me and my family with our daily bread and for exceeding our needs beyond what we deserve. You are such a good, good Father who cares for his children with unending grace and mercies that are new each day. Let us give back to you all our praise and worship in adoration of your love for us with hearts overflowing with gratitude. This is easy to do when our needs are met and we are in times of joy and abundance. How we react in times of trouble or sorrow will display the true condition of our hearts. May we continue to lift our hands to the heavens in gratitude to you and praise you in the storms of life. Help us find your peace that surpasses all understanding and seek your joy even when our knees are worn from the battle. Let us whisper words of thanks for simple sunrises and sunsets that display your beauty when the world around us is in chaos. We always have something to be thankful for! You are in control of it all, and we bow our heads and hearts in humble gratitude for your unequalled compassion for your children. Thank you, Jesus, for the blood applied! Amen.